
MASSAGE



Massage Bergblick – Daniela Rufinatscha

certified professional masseuse / foot reflex therapist





RELAXATION & HARMONY.

min | CHF

Biotyp Massage			80 195
Classic Massage	40 100	50 120	80 180
Foot Reflexology	40 100	50 120	80 180
Sport Massage	25 80	40 110	50 140
Kids or Baby massage			20 40
Spinal Therapy (Dorn or Breus)	40 100	50 120	
Shiatsu Namikoshi Finger Pressure	40 100	50 120	80 180
TCM Meridian Treatment			25 70
Honey Massage			25 70

Other massage options available by arrangement.

hotelgrischa.ch

BOOK AN APPOINTMENT: +41 81 414 97 97 | info@hotelgrischa.ch



PURE RELAXATION.

min | CHF

Lymphatic Drainage through the Foot

50 | 120

Headache / Migraine Therapy
or Indian Head Massage

50 | 120

80 | 180

Hot Stone Massage

40 | 110

50 | 140

80 | 190

Energetic Jaw Relaxation Massage

50 | 120

BERGBLICK TIME-OUT

120 | 210

Special neck massage combined with facial and hand
hand massage and a relaxing foot massage.

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